



CULTÚRLANN
M'ADAM Ó FIAICH

CLÁR IMBOLC

IMBOLC PROGRAMME 2023

EANÁIR - MÁRTA 2023

JANUARY - MARCH 2023



Focal ón Stiúrthóir

Word from the Director

Tá ráithe mhór imeachtaí ceoil, ealaíne, litríochta agus oideachais chugainn le sinn a thabhairt ar an aistear ó dhorchadas agus fuacht an gheimhridh isteach i nglaise an earraigh.

Bliain mhór í 2023 ag an siopa leabhar An Ceathrú Póilí, atá ag ceiliúradh an dá scór ar an fhód. Beidh an Ciorcal Léitheoireachta ag teacht le chéile mar is gnách le leabhair ficsin nuafhoilsithe a phlé agus beidh cóisir mhór Leabhra Feabhra ann le seanchomráidithe an tsiopa, an foilsitheoir Pádraig Ó Snodaigh, Coiscéim, agus a mic cheolmhara atá sa ghrúpa Kíla. Tá leabhair agus albaim eisithe acu uilig le dhá bhliain anuas.

Beidh saothar le seisear ealaíontóirí éagsúla as fud fad na hÉireann agus níos faide i gcéin ar taispeáint i nDánlann Dillon agus sna Ballaí Bána idir seo agus deireadh mhí an Mhárta. Tapaigh an deis roimh Imbolc 'Ispíní Breatimeachta' Shiro Masuyama, agus scéal a dteachta Sruth na Maoile anoir, a fheiceáil. Tá léiriú cumhachtach, tochtmhar ann fosta le Lorraine Cleary ar chaidrimh ina mbíonn drochíde á himirt ar pháirtithe.



Cúis ghliondair í an fhoghlaím ar feadh ar an tsaoil agus beidh Na Saoithe Gan Locht ag leanacht lena ranganna Gaeilge, amhránaíochta agus oidhreachta gach maidin Dé Céadaoin. Cuirfidh a múinteoir, Caoimhín Ó Seanáin, fáilte chroíúil roimh rannpháirtithe nua a shantaíonn craic agus cuideachta.

Mí mhór na Gaeilge agus na bpáistí í mí an Mhárta agus Seachtain na Gaeilge le Energia agus Féile Páistí Bhéal Feirste Young At Art ar siúl. Beidh Branar ar ais in Amharclann Shiobhán Nic Cionnaith lena seó 'Rothar'.

Táimid thar a bheith buíoch as a dtacaíocht leanúnach dár maoinitheoirí uilig agus tá an fhoireann uilig ag súil go mór le tú theacht ar cuairt orainn.

Our amazing events team has put together an exciting programme of music, art, literature and educational activities to lift our spirits on the journey from the dark, cold winter into spring.

2023 is a huge year for An Ceathrú Póilí bookshop, which is celebrating its 40 year anniversary. These stalwarts of the Cultúrlann nurture so many of us, including the Reading Circle, which meets once a month. This year's Leabhra Feabhra events include a showcase of the Ó Snodaigh family, who have released history, fiction, poetry and children's books over the last two years. Join Pádraig Ó Snodaigh from Coiscéim and his musical sons from the superb band Kíla on 11th February.

We have the privilege of platforming six visual artists from throughout Ireland and beyond in Dánlann Dillon and Na Ballaí Bána between now and the end of March. Before Imbolc, be sure to spend time with Shiro Masuyama's 'Brexít Sausages' and learn of their epic journey across the sea from Scotland, as well as Lorraine Cleary's powerful and potent exploration of abusive relationships.

Na Saoithe Gan Locht and their teacher, Caoimhín Ó Seanáin, extend the warmest of welcomes to pensioners every Wednesday morning for the best of company and craic at their Irish, song and heritage classes. March brings two of our favourite festivals, Seachtain na Gaeilge le Energia and Young At Art's Belfast Children's Festival. We can't wait to welcome back from Galway theatre group Branar with their show 'Rothar'. As always, we extend our deep gratitude for their ongoing support to all our funders, and most of all, we look forward to your own good company here in Cultúrlann McAdam Ó Fiaich this spring.

Gráinne Ní Ghilín

Teachtaireacht ónár bpríomh-mhaoinitheoir

Message from our principal funder

Mar sheaimpín na healaíona Gaelacha agus cultúr anseo croílár Chearún Gaeltachta na catheach, cinntíonn an An Chultúrlann go mbíonn an deis ag gach duine dul i ngleic agus sult a bhaint as lán réimse na heispéiris chruthaitheachta. Cuireann clár Imbolc fáilte roimh an earraigh ar an bhealach is fearr le ranganna nua agus ceardlanna, imeachtaí bheo cheoil agus seisiúin cheoil thraidisiúnta, taispeántais de chuid ealaíontóirí chorrathach, Deireadh seachtaine Gheimhridh de chuid an Belfast radFest aus beidh Branar ag teacht chun cuairte a bhuí Féile na bPáistí Bhéal Feirste. Gach rud go dtiocadh leat bheith ag súil leis leis na súanna chruthaitheachta a spreagadh.

Mar phríomh maoinitheoir fríd Chiste an Chrannachuir Naisiúnta, tá bród ar an Chomhairle Ealaíne tacú le Cultúrlann McAdam Ó Fiaich agus é ag spreagadh, ag soláthar siamsa agus ag tógáil croithe i measc an phobail mar atá nós ag na healaíona deánamh.

Róisín McDonough,
Príomhfheidhmeannach,
Comhairle Ealaíon Thuaisceart Éireann



As a champion of Irish language arts and culture, here at the heart of the city's Gaeltacht Quarter, Cultúrlann ensures that everyone has the opportunity to enjoy the full range of creative experiences. The Imbolc programme ushers in the Spring in the best possible way: with new classes and workshops, live music events and traditional music sessions, exhibitions by exciting young artists, Belfast Tradfest's Winter Weekend and, courtesy of this year's Belfast Children's Festival, the delightful Branar Téatar do Pháistí. Everything you could ask for to get those creative juices flowing!

As the principal funder through our National Lottery funds, the Arts Council is proud to support Cultúrlann McAdam Ó Fiaich as it continues to inspire, entertain and uplift people, in the ways only the arts can do.

Róisín McDonough,
Chief Executive,
Arts Council of Northern Ireland

Imeacht	Cineál Imeachta	Ardá(i)n
Taispeántas Ealaíne: Brexit Sausages le Shiro Masuyama 01/12/22 - 26/01/23	 Na hAmharcealaíona Visual Arts	 Cultúrlann
Taispeántas Ealaíne: Estranged le Lorraine Cleary 01/12/22 - 26/01/23	 Na hAmharcealaíona Visual Arts	 Cultúrlann
Coirnéal an Cheoil 14/01/23 12:00 - 2:00pm	 Ceol Music	 Cultúrlann
Cumann Óige na bhFál 16/01/23 6:00 - 10:00pm	 Óige Youth	 Cultúrlann
Téarma Nua New Term: Ióga le Dúnla 17/01/23 6:30pm	 Pobal Community	 Cultúrlann
Téarma Nua New Term: Na Saoithe gan Locht 18/01/23 10:00am	 Oideachas Education	 Cultúrlann
Téarma Nua New Term: Ranganna Gaeilge 18/01/23 7:00pm	 Oideachas Education	 Cultúrlann
Coirnéal an Cheoil 21/01/23 12:00 - 2:00pm	 Ceol Music	 Cultúrlann
Cumann Óige na bhFál 23/01/23 6:00 - 10:00pm	 Óige Youth	 Cultúrlann
Ceol na mBan 27/01/23 12:00 - 2:00pm	 Ceol Music	 Cultúrlann
Seoladh EP: Miadhachlughain O'Donnell 27/01/23 7:30pm	 Ceol Music	 Cultúrlann

Eanáir | January

Imeacht	Cineál Imeachta	Ardá(i)n
Coirnéal an Cheoil 28/01/23 12:00 - 2:00pm	 Ceol Music	 Cultúrlann
Téarma Nua: Aisling Óg 28/01/23 1:00 - 3:00pm	 Óige Youth	 Cultúrlann
Ciorcal Léitheoireachta 30/01/23 6:30pm	 Oideachas & Litríocht Education & Literature	
Ióga le Dúnla 31/01/23 6:30pm	 Pobal Community	 Cultúrlann

Feabhra | February

Imeacht	Cineál Imeachta	Ardá(i)n
Ceardlann na gCrosóg Bhride 01/02/23 11:00am - 1:00pm	 Pobal Community	 Cultúrlann
Na Saoithe gan Loch 01/12/23 10:00am	 Oideachas Education	 Cultúrlann
Ranganna Gaeilge 01/02/23 7:00pm	 Oideachas Education	 Cultúrlann
Elizabeth Bleynat 02/02/23 - 16/03/23	 Na hAmharcealaiona Visual Arts	 Cultúrlann
Tiffany Love 02/02/23 - 16/03/23	 Na hAmharcealaiona Visual Arts	 Cultúrlann
Dianchúrsa Gaeilge 04/02/23 10:00am - 1:00pm	 Oideachas Education	 Cultúrlann

CULTÚRLANN MACDAM Ó FIAICH

Imeacht	Cineál Imeachta	Ardá(i)n
Coirnéal an Cheoil 04/02/23 12:00 - 2:00pm	 Ceol Music	 Cultúr l ann
Cumann Óige na bhFál 06/02/23 6:00 - 10:00pm	 Óige Youth	 Cultúr l ann
Ióga le Dúnla 07/02/23 6:30pm	 Pobal Community	 Cultúr l ann
Na Saoithe gan Locht 08/02/23 10:00am	 Oideachas Education	 Cultúr l ann
Ranganna Gaeilge 08/02/23 7:00pm	 Oideachas Education	 Cultúr l ann
Céiliúradh na Snodach 11/02/23 1:00pm	 Ceol & Litríocht Music & Literature	 Cultúr l ann
Na Bopóga 11/02/23 11:00am - 12:00pm	 Teaghligh Families	 Cultúr l ann
Coirnéal an Cheoil 11/02/23 12:00 - 2:00pm	 Ceol Music	 Cultúr l ann
Aisling Óg 11/02/23 1:00am - 3:00pm	 Óige Youth	 Cultúr l ann
Na Bopóga 18/02/23 11:00am - 12:00pm	 Teaghligh Families	 Cultúr l ann
Coirnéal an Cheoil 18/02/23 12:00 - 2:00pm	 Ceol Music	 Cultúr l ann
Cumann Óige na bhFál 20/02/23 6:00 - 10:00pm	 Óige Youth	 Cultúr l ann

Imeacht	Cineál Imeachta	Ardá(i)n
Ióga le Dúnla 21/02/23 6:30pm	 Pobal Community	 Cultúrlann
Na Saoithe gan Locht 22/02/23 10:00am	 Oideachas Education	 Cultúrlann
Ranganna Gaeilge 22/02/23 7:00pm	 Oideachas Education	 Cultúrlann
Ceol na mBan 24/02/23 12:00 - 2:00pm	 Ceol Music	 Cultúrlann
Ceolchoirm Belfast TradFest 24/02/23 7:00pm	 Ceol Music	 Cultúrlann
Na Bopóga 25/02/23 11:00am - 12:00pm	 Teaghlach Families	 Cultúrlann
Aisling Óg 25/02/23 1:00am - 3:00pm	 Óige Youth	 Cultúrlann
Ceolchoirm Belfast TradFest 25/02/23 7:00pm	 Ceol Music	 Cultúrlann
Coirnéal an Cheoil 25/02/23 12:00 - 2:00pm	 Ceol Music	 Cultúrlann
Cumann Óige na bhFál 27/02/23 6:00 - 10:00pm	 Óige Youth	 Cultúrlann
Ciorcal Léitheoireachta 27/02/23 6:30pm	 Oideachas & Litríocht Education & Literature	
Ióga le Dúnla 28/02/23 6:30pm	 Pobal Community	 Cultúrlann

Imeacht	Cineál Imeachta	Ardá(i)n
Na Saoithe gan Locht 01/03/23 10:00am	 Oideachas Education	 Cultúrlann
Ranganna Gaeilge 01/03/23 7:00pm	 Oideachas Education	 Cultúrlann
Na Bopóga 04/03/23 11:00am - 12:00pm	 Teaghligh Families	 Cultúrlann
Coirnéal an Cheoil 04/03/23 12:00 - 2:00pm	 Ceol Music	 Cultúrlann
Aisling Óg 04/03/23 1:00 - 3:00pm	 Óige Youth	 Cultúrlann
Seoladh Leabhair: Béal na Péiste le Fionntán de Brún 04/03/23 1:00pm	 Litríocht Literature	 Cultúrlann
Rothar le Branar 04/03/23 2:00 - 4:00pm	 Óige Youth	 Cultúrlann
Rothar le Branar 05/03/23 2:00 - 4:00pm	 Óige Youth	 Cultúrlann
Cumann Óige na bhFál 06/03/23	 Óige Youth	 Cultúrlann
Ioga le Dúnla 07/03/23 6:30pm	 Pobal Community	 Cultúrlann
Na Saoithe gan Locht 08/03/23 10:00am	 Oideachas Education	 Cultúrlann
Ranganna Gaeilge 08/03/23 7:00pm	 Oideachas Education	 Cultúrlann

Imeacht	Cineál Imeachta	Ardá(i)n
Coirneál an Cheoil 11/03/23 12:00 - 2:00pm	 Ceol Music	 Cultúrlann
Aisling Óg 11/03/23 1:00am - 3:00pm	 Óige Youth	 Cultúrlann
Lá Idirnaisiúnta na mBan: Beo ar Éigeán 11/03/23 7:00pm	 Pobal Community	 Cultúrlann
Cumann Óige na bhFál 20/03/23	 Óige Youth	 Cultúrlann
Ióga le Dúnla 21/03/03 6:30pm	 Pobal Community	 Cultúrlann
Na Saoithe gan Loch 22/03/23 10:00am	 Oideachas Education	 Cultúrlann
Ranganna Gaeilge 22/03/23 7:00pm	 Oideachas Education	 Cultúrlann
Taispeántas Ealaíne: Susan Hughes 23/03/23 - 27/04/23	 Na hAmharcealaíona Visual Arts	 Cultúrlann
Taispeántas Ealaíne: Michelle Harton 23/03/23 - 27/04/23	 Na hAmharcealaíona Visual Arts	 Cultúrlann
Coirneál an Cheoil 25/03/23 12:00 - 2:00pm	 Ceol Music	 Cultúrlann
Aisling Óg 25/03/23 1:00am - 3:00pm	 Óige Youth	 Cultúrlann

Imeacht	Cineál Imeachta	Ardá(i)n
Cumann Óige na bhFál 27/03/23	 Óige Youth	 Cultúrlann
An Ciorcal Léitheoireachta 27/03/23 6:30pm	 Oideachas & Litríocht Education & Literature	
Ióga le Dúnla 28/03/23 6:30pm	 Pobal Community	 Cultúrlann
Na Saoithe gan Locht 29/03/23 10:00am	 Oideachas Education	 Cultúrlann
Ranganna Gaeilge 29/03/23 7:00pm	 Oideachas Education	 Cultúrlann
Ceol na mBan 31/03/23 12:00 - 2:00pm	 Ceol Music	 Cultúrlann



An Ceathrú Póilí

Is siopa neamhspleách leabhair Ghaeilge An Ceathrú Póilí agus muid ar an fhód le breis agus 30 bliain anois. Tá éagsúlacht mhór leabhar do gach aoisghrúpa ann mar aon le cártaí ócáide, CDanna agus féiríní. Suite i gCultúrlann McAdam Ó Fiaich, is mol litríochta fáilteach é an siopa do leabharbháigh, do cheardaithe agus d'éisteoirí ceoil.

Uaireanta oscailte:

Luan-Aoine : 9:30am - 5:30pm

Satharn : 9:30am - 4:00pm

Tá an siopa ar líne -

www.anceathrupoilí.com

– oscailte 24/7

An Ceathrú Póilí is Belfast's Irish language and Irish interest bookshop with a diverse catalogue which ranges from history and biography to children's tales and learning resources. Based in Cultúrlann McAdam Ó Fiaich, we are a welcoming hub for readers, craftspeople and music lovers.

Our opening hours are:

Monday - Friday : 9:30am - 5:30pm

Saturday : 9:30am - 4:00pm

Our online shop -

www.anceathrupoilí.com

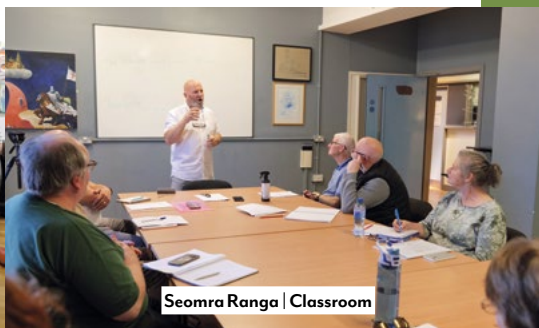
– is open 24/7.



CULTÚRLANN MCADAM Ó FIAICH



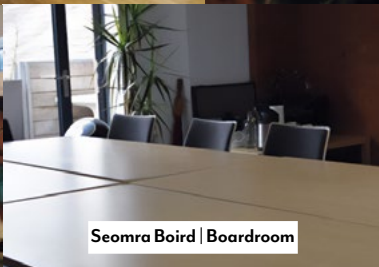
Na Ballaí Bána | Gallery



Seomra Ranga | Classroom



An Taiscumar



Seomra Boird | Boardroom



Amharclann Mhic Cionnaithe

Seomraí ar cíos Rooms for hire

Tá réimse leathan spásanna ilúsáide againn anseo i gCultúrlann McAdam Ó Fiaich. Tá na seomraí foirfe le haghaidh cruinnithe, taispeántais, ceolchoirmeacha, ócáidí sóisialta agus go leor, leor eile.

Le tuilleadh eolais a fháil, liosta praghsanna a fheiceáil nó le seomra a chur in áirithe, gabh chuig: www.culturlannn.ie nó cuir glaoch orainn ar 028 9096 4180.

We have a wide range of versatile rooms available for hire here at Cultúrlann McAdam Ó Fiaich. The rooms are perfect for meetings, exhibitions, concerts, social gatherings and much more.

For more information, to see a list of prices or to book a room, go to : www.culturlannn.ie or call us on 028 9096 4180.





Cumann Óige na bhFál

Beidh Cumann Óige na bhFál ar ais i mí Eanáir le seisiún do pháistí bunscoile (6:00 -8:00pm) agus seisiún do dhéagóirí (8:00 -10:00 pm). Ar a bharr seo cuirimid cúrsaí forbartha pearsanta ar fáil do na déagóirí, iad dírithe ar shláinte, ar mheabhairshláinte, ar shábháilteacht ar líne agus ar thromaíocht agus eile.

Cumann Óige na bhFál is back with a session for primary school children (6:00 – 8:00pm) and a teenagers' session (8:00 – 10:00pm). As well as this, we're running personal development courses for our teenagers focusing on Health, Mental Health, Safety Online, Bullying and more.

Oícheanta Luan | Monday Nights

Eolas: emma@glornammona.com

nó sinead@culturlann.ie



Aisling Óg

Beidh scoil drámaíochta na Cultúrlainne 'Aisling Óg' ag tosú ar ais agus tá muid ar bís! Seo deis iontach le cur le muinín agus le scileanna cumarsáide agus aisteoireachta páistí óga ó Rang 1 ar aghaidh chomh maith le bualadh le cairde nua agus spraoi a bheith acu. Déanann muid gach gné de na healaíona a thaiscéaladh - damhsa, ealaín, ceol agus drámaíocht ina measc, le clár spreagúil bríomhar a chomhlíonadh. Bíonn seó againn ag deireadh an téarma lenár gcuid oibre crua a chur ar taispeáint.

Cultúrlann's Drama School 'Aisling Óg' will start back, and we cannot wait! This is a great opportunity for children from Primary 1 and up to build on their confidence, conversational skills and acting abilities. All whilst making new friends and having great fun. We explore every aspect of the arts including dance, art, music and drama to fulfil an exciting and engaging programme. We also produce an end of term performance to show off all our hard work.

28|01|23 – 25|03|23 | 1:00pm - 3:00pm
£30 - Cláraigh | Register:
<https://culturlann.ticketsolve.com/shows>





AIRNEÁL NA NÓG

Airneál na nÓg

Tá Airneál na nÓg ar ais agus bhéarfadh sé deis do pháistí iad féin a bhá sa cheol.

Beidh réimse gníomhaíochtaí ann chun scileanna na bpáistí sna healaíona agus sa chultúr Ghaelach a fhorbairt, agus cuirfear béim ar an fheadóg stáin agus ar an cheol. Cúrsa 8 seachtaine a bheidh ann.

Airneál na nÓg returns and will give children the chance to immerse themselves in music.

There will be a variety of activities developing young people's skills in the arts and Irish culture, focusing on the tin whistle and singing. This is an 8 week course.

01|02|23

4:00 - 5:00pm

<https://culturann.ticketsolve.com/shows>





IMEACHTAÍ IMBOLC

01|02|23 - 04|02|23

01|02|23

Ceardlann na gCrosóg Bhríde | 11am

02|02|23

**Seoltaí Ealaíne | Exhibition launches:
Elizabeth Bleynat & Tiffani Love | 7pm**

04|02|23

Dianchúrsa | 10am

Na Bopóga | 11am

Coirneál an Cheoil | 12pm



Na Bopóga

Ná caill Plúra-Lúra, Nóra Bheag, Daideo, agus a gcairde go léir lena gcuid scéalta, amhrán agus damhsaí a mbainfidh páistí beaga an-spraoi astu agus iad ag cur lena bhforbairt oideachasúil. Beidh réimse scéalaíochta, puipeadóireachta agus gníomhaíochtaí ealaíne ann le suim na bpáistí a mhealladh.

Don't miss Plúra-Lúra, Nóra Bheag, Daideo and all their friends with their stories, songs and dances that small children will enjoy while enhancing their educational development. There will be plenty of storytelling, puppets and art activities to keep the little ones entertained.

04|02|23 - 25|02|23

11:00am - 12:00pm

£3 an tseachtain | per week

CULTÚRLANN MACDAM Ó RIAICH



Babaithe Cultúir Culture Babies

Bígi linn le haghaidh sraith nua de Bhabaithe Cultúir, réimse d'éispéiris idirghníomhacha chruthaitheacha a chuireann le samhlaíocht na bpáistí óga trí dheiseanna a thabhairt dóibh triail a bhaint as rudaí nua. Bíonn saoirse acu prÁCás a dhéanamh agus a gcuid scileanna cruthaitheacha a fhiosrú i spás sábháilte, fáilteach Gaelach. Cé go mbíonn an seisiún seo trí mheán na Gaeilge, tá fáilte roimh gach duine, cibé cumas sa teanga atá acu. Aois: 0-4

Join us for a new series of Babaithe Cultúir (Culture Babies), a range of interactive and creative experiences that support young children's creative expression by enabling them to try new things, and giving them the freedom to get as messy and as creative as they want, in a safe, fun and welcoming Irish language environment. Delivered in Irish, everyone is welcome regardless of their level of fluency in Irish. Age: 0-4

07/03/23
10:00am



Á chur i láthair ag Féile na bPáistí Bhéal Feirste Belfast Children's Festival Presents: **Rothar le Branar**

Cá rachaidh tú nuair nach bhfuil aon áit le dul?

Sa siopa beag rothar ag tóin an bhaile, tá saol lán d'eachtraíocht i ndán duit. Téann beirt bhuachaillí agus a rothair ag taisteal ar fud an domhain sa léiriú seo a spreagann spraoi as an ghnáthshaol – níl aon teorainn lenar féidir a tharlú. Déanann an léiriú spleodrach seo, cruthaithe ag 'Téatar do Pháistí' le Branar agus curtha ar stáitse ag Miquel Barceló agus Moisés Mas García, ceiliúradh ar chumhacht na samhlaíochta.

Léirítear Rothar i gcomhpháirt le Cumann Drámaíochta Ollscoil na Gaillimhe agus Baboró - Féile Idirnáisiúnta Ealaíon do Pháistí, mar chuid de Thionscnamh Mapála na hEorpa Cruthaithe.



Where can you go when there's nowhere to go?

In the little bike shop at the end of town, a world of adventure awaits. Two boys and their bikes travel the world in a show that conjures play from the everyday and where anything is possible. Created by Branar Téatar do Pháistí and performed by Miquel Barceló and Moisés Mas García, this joyful production celebrates the places your imagination can take you.

'Rothar' is produced in association with Drama NUI Galway and Baboró International Arts Festival for Children as part of Creative Europe's Mapping Project.

Le léaráidí beochana a bhuí leis an ealaíontóir Maeve Clancy, cuirfidh an ghig ghalánta seo gach duine idir óg agus aosta ag damhsa.

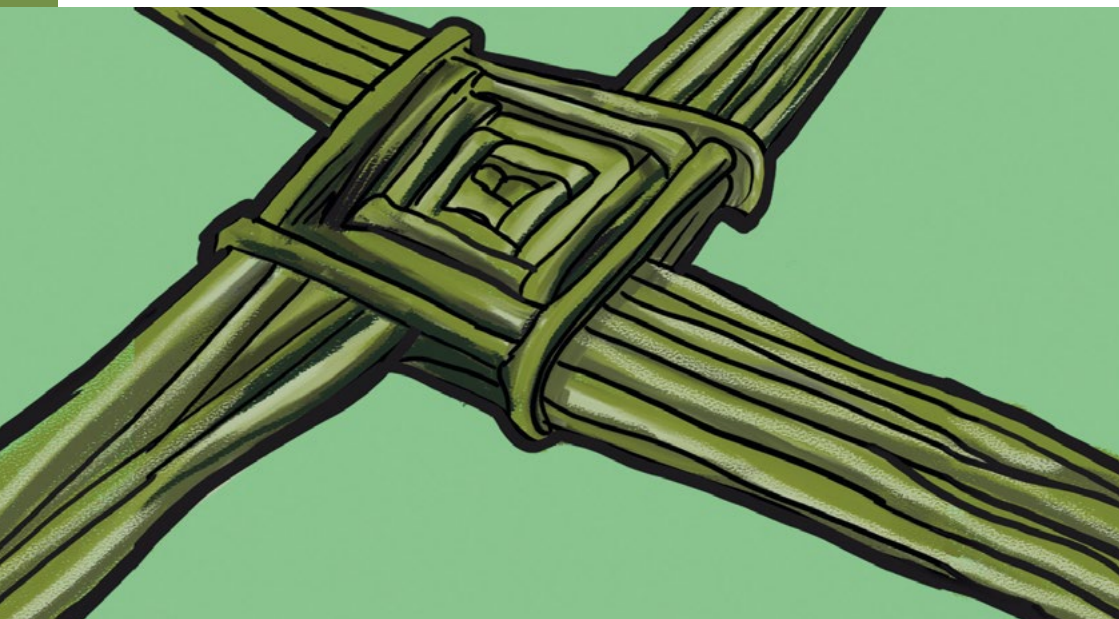
04|03|22 - 05|03|23

2:00pm | 4:00pm

£10

<https://youngatart.ticketsolve.com/ticketbooth/shows>





Ceardlann na gCrosóg Bhríde

‘Anois teacht an Earraigh agus tá an lá ag dul chun síneadh ls tar éis na Féil’
Bríde ardóidh mé mo sheoll!’ Ní bheidh aon duine ag ardú aon seol gan Crosóg
Bhríde bheith acu agus má tá tú ag iarraidh an tseancheird seo a fhoghlaim bí
linn do na ceardlanna saor in aisce seo arna n-éascú ag Cormac Ó Donnghaile.

As spring approaches and the famous lines from the poet Raftery come to
mind, it’s worth remembering that you can’t go without your St. Brigid’s Cross.
If you want to learn how to make your own, come along to our free workshops
facilitated by Cormac Ó Donnghaile.

01/02/23

11:00m - 1:00pm



Lá Idirnáisiúnta na mBan:

Beo ar Éigean

Podchraoladh é Beo, ar Éigean, ina gcluinnimid triúr cairde, Áine, Sinéad agus Siún, ag caint ar réimse leathan ábhar, ina measc cairdeas, brú an tsaoil, botox, cultúr, náire, grá, gráin, gnéas agus gáire! Seo an chéad phodhchraoladh Gaeilge den chineál seo ó RTÉ, agus is cúléisteacht le cairde an cur síos is fearr air! Beidh na mná ag díriú ar chúrsaí na mban san eagrán beo seo inniu, do Lá Idirnáisiúnta na mBan.

In the podcast series Beo, ar Éigean, we hear three friends, Áine, Sinéad and Siún, discuss a wide range of topics including friendship, the pressures of life, botox, culture, shame, love, hate, sex and laughter! This is the first Irish-language podcast of this type from RTÉ, and it's a bit like tuning in to a good gossip session. The hosts will celebrate and discuss International Women's Day on this live edition.

11|03|23 - 7:00pm

£5

culturallann.ticketssolve.com





Coirnéal an Cheoil

The Music Corner

Bígi linn achan Satharn sa chaife nuair seinntear scoth an cheoil thraidisiúnta ó shárcheoltóirí agus sháramhránaithe.

Join us every Saturday for the best of traditional music with fantastic traditional musicians playing in the cafe.

Gach Satharn | Every Saturday

12:00 - 2:00pm

Cultúrlann



Ceol na mBan

Tá muid ar bís go mbeidh seisiún speisialta na mban againn sa chaifé ar an Aoine dheireanach de gach mí mar aitheantas ar thábhacht, ar thallann agus ar ról na mban in earnáil an cheoil thraidisiúnta. Fáilte roimh chách, buailigí isteach orainn!

As the end of the month draws upon us, we are delighted that on the last Friday of each month, we'll have an all-female-led session in recognition of the importance, talent and immeasurable role women have on the traditional music scene. All welcome, be sure to call in!

12:00 - 2:00pm

27/01/23

24/02/23

31/03/23



Seoladh EP: Miadhachlughain O'Donnell

Is fliúiteadóir agus amhránaí óg í Miadhachlughain O'Donnell as Caisleán Uidhilín, Contae an Dúin. Is de chlann iltallannach McSherry í agus í sáite sa cheol traidisiúnta ó bhí sí an-óg. Bhain sí corn na hÉireann ar an fheadóg mhór nuair nach raibh sí ach 15 bliana d'aois.

Miadhachlughain O'Donnell is a young flute player and singer from Castlewellan, Co.Down. She is steeped in traditional music coming from the talented McSherry family and by the age of 15 was an All-Ireland flute champion.

27/01/23 - 7:30pm

culturallann.ticketsolve.com/shows



CULTÚRLANN MACDAM Ó RIAICH

**Belfast
TradFest**

**24-26 FEB
2023**



Belfast TradFest:

Deireadh Seachtaine Geimhridh

Friday 24 Feb

Séamus & Caoimhe Uí Fhlatharta

Jack Warnock & Lauren O'Neill

Saturday 25 Feb

The Friel Sisters Joined by Marty Barry & Cathal Ó Curráin

Michael Rooney



Belfast
City Council





Á chur i láthair ag Belfast Tradfest

Ceolchoirm | Concert

Séamus & Caoimhe Uí Fhlatharta

Jack Warnock & Lauren O'Neill

Siblínní a rugadh do chlann cheolmhar ar shráidbhaile An Aird Mhór i gceantar Gaeltachta Chonamara, Contae na Gaillimhe, is iad Séamus agus Caoimhe Uí Fhlatharta. Chuaigh léiriú s'acu den chaoineadh corraitheach, Anach Cuain, ar an Late Late Show go mór i bhfeidhm ar spiorad an náisiúin agus tharraing sé aird nach beag fud fad an domhain.

Tá Séamus agus Caoimhe aitheanta as a n-amhránaíocht ar an tsean-nós agus a leaganacha éagsúla d'amhráin Ghaeilge agus Bhéarla araon agus cuireann said spéis faoi leith i leaganacha gutha agus comhcheoil atá maisithe ag toin ghutha shonracha nach mbíonn le fáil ach taobh istigh den teaghlach. Is ionstraimithe cumasacha iad, is damhsóirí gaelacha iad agus is seinnteoirí iad a bhfuil duaiseanna uile-Éreann bainte acu. Tá an Ghaeilge agus a n-oidhreacht ag croílár a n-éachtaí ceoil.

CULTÚRLANN MCAĀM Ó FIAICH



Is ionstraimí ildánach agus amhránaí de bhunadh Mhacha Reatha i gContae Dhoire é **Jack Warnock**. Le linn a ghairme, chuaigh Jack chun ardáin ina aonar, mar thionlacaí agus i ngrúpaí ar nós TRODA, Cóiriú agus The Doc Flock. Sheinn sé ag imeachtaí, ag féilte agus ag ionaid fud fad an domhain. Le blianta beaga anuas, ainmníodh Jack don ghradam iomráiteach BBC Young Folk Award, bhuaigh sé Gradam Tionlacain Sinsir ag Fleadh Cheoil na hÉireann agus bronnadh air an gradam Young Musician's Platform de chuid na Comhairle Ealaíne agus an BBC. Tá naoi mbliana imithe ó eisíodh chéad EP agus is fíor a rá gur fada

linn ag fanacht lena chéad albam 'Le Solas Faoithine', arna léiriú ag Dónal O'Connor. Tá 'Le Solas Faoithine' mar thoradh ar nósanna nua cruthaithe a d'eascair as an dianghlasáil. I ndiaidh laethanta fada de bheith ag stánadh ar scáileán, théadh Jack amach a shiúl, gan teip, le hamharc ar imeacht an tsolais i Lár-Uladh. Faoi anáil a thimpeallachta, le clapholas, chuirfeadh Jack tús le lá nua oibre agus é tumtha san obair chruthaitheach go mall fríd an oíche. Is as seo a d'fhás 'Le Solas Faoithine'. Ní nach ionadh, is albam lán smaointe agus machnaimh é atá curtha le chéile go galánta.

Born into a musical family, siblings **Séamus & Caoimhe Uí Fhlatharta** hail from the village of An Áird Mhóir in the Gaeltacht region of Connemara, County Galway.

Their Late Late Show performance earlier this year of the soulful lament Anach Cuain captured the mood of the nation and went viral around the world.

Séamus & Caoimhe are noted for their sean nós singing and their unique arrangements of both Irish and English language songs and they take a particular interest in vocal arrangement and harmonization with their performances benefitting from the vocal tones that only families share. They are both accomplished multi-instrumentalists, Irish dancers and All Ireland winning performers who keep the Irish language and their heritage at the heart of all their musical endeavors.

Jack Warnock is a multi-instrumentalist and singer from Maghera, Co. Derry.

Throughout his career Jack has performed as a soloist, accompanist, and in groups such as TRODA, Cóiriú and The Doc Flock. He has performed at events, festivals, and venues across the world.

In recent years Jack has been nominated for the prestigious BBC Young Folk Award, won the Senior Accompaniment Competition at Fleadh Cheoil na hÉireann, and received the 'Young Musician's Platform' award from ACNI and BBC NI.

Nine years have passed since his debut EP, so it's fair to say his debut album *Le Solas Faoithine*, produced by Dónal O'Connor, has been a long-time coming. The name *Le Solas Faoithine* (translating as *By Dusklight*) was the product of new routines brought on by lockdowns. After (what seemed like) endless days spent staring at a screen, Jack would religiously take a walk to watch the light fade in Mid-Ulster. Inspired by his surroundings, dusk would be the start of a new working day as he delved into creative work late into the night. From here *Le Solas Faoithine* grew. Unsurprisingly, the album is a masterwork of thought, consideration, and beautiful curation.

24|02|23

7:00pm

£15.00

www.belfasttradfest.com





marianne mangan

Á chur i láthair ag Belfast Tradfest

Ceolchoirm | Concert The Friel Sisters | Michael Rooney

Is ceoltóirí traidisiúnta óga iad Anna, Sheila agus Clare a rugadh agus a tógadh i nGlaschú, Albain agus a bhfuil a bhfréamhacha teaghlaigh go domhain i nGaeltacht Thír Conaill, in Iarthuaisceart na hÉireann. Seinneann siad meascán de cheol agus amhráin, idir Bhéarla agus Ghailge, fite fuaite leis. Tig cuid mhaith acu óna stór ceoil teaghlaigh féin. Mar shibliní, réitíonn siad go dlúth lena cheile ar an fhidil, ar an fheadóg mhór agus ar na píoba. Tá dhá albam an-rathúil curtha amach acu go dtí seo agus sheinn siad ar fud an domhain in ionaid éagsúla agus ag féilte éagsúla

agus bhí siad ar an ardán agus rinne siad camchuairteanna le leithéidí Altan, The Chieftains, Lúnasa, Sharon Shannon, The Máirtín O'Connor Trio, Cherish the Ladies agus Solas. Tá an iliomad duaiseanna agus comórtais iomráiteacha buaite acu thar na blianta. Ar na mallaibh, bronnadh go leor onóracha ar Clare agus í ainmnithe mar Cheoltóir Óg na Bliana ag TG4.

In éineacht leis na Friel Sisters, beidh Marty Barry, giotáraí agus amhránaí as Droichead na Banna, Contae an Dúin, agus Cathal Ó Curráin, seinnteoir basúcaí agus amhránaí as Gaoth Dobhair, áit dúchais na gcailíní i dTír Chonaill, a bhuaigh Best Emerging Artist i 2022 ag Gradaim Cheol Traidisiúnta RTÉ i mBaile Átha Cliath.



Is cumadóir bisiúil é **Michael Rooney** atá aitheanta mar dhuine de na seinnteoirí is fearr ar an chruith Ghaelach thraidisiúnta. Bronnadh an duais Cumadóir na Bliana de chuid TG4 ar Michael i 2017. De bhunadh Bhaile an Scothaigh, Contae Mhuineacháin ó dhúchas agus é ina chónaí i gContae Shligigh le tamall de bhlianta anois, tá 17 sraith ceoil cumtha ag Michael le fiche bliain anuas, lena n-áirítear The Ulster Suite (2022), Clairseoireacht (2022), Constance (2020), The Famine Suite (2019) agus go leor eile.

The Friel Sisters, Anna, Sheila and Clare Friel are young traditional musicians born and brought up in Glasgow, Scotland with their family roots firmly entrenched in the Donegal Gaeltacht in North West Ireland. They play a mixture of music interspersed with songs in English and Irish, many from their family repertoire. Being siblings, they achieve a close blend on fiddle, flute and uilleann pipes.

They have released 2 albums thus far, to great critical success, playing all over the world in various venues and festivals and have appeared on stage or toured with acts such as Altan, The Chieftains, Lúnasa, Sharon Shannon, The Máirtín O'Connor Trio, Cherish the Ladies and Solas. The girls have won many prestigious titles and competitions over the years, most recently Clare receiving the huge honour of TG4 Young Musician of the Year in Ireland. For this performance The Friel Sisters will be joined by Marty Barry on guitar and Cathal Ó Curráin on bouzouki.

Michael Rooney is a prolific composer and is widely regarded as one of the foremost players of the traditional Irish harp. Michael was awarded the TG4 Composer of the Year in 2017. Originally from Scotstown, Co. Monaghan and now a long time resident of County Sligo, Michael has composed 17 suites of music in the past 20 years, including 'The Ulster Suite' (2022), 'Clairseoireacht' (2022), Constance (2020), The Famine Suite (2019) & many more.

25|02|23

7:00pm

£15.00

www.belfasttradfest.com





Lá Idirnáisiúnta na mBan:

Ceol na mBan

Agus muid ag deanamh céiliúradh ar Lá Idirnáisiúnta na mBan beidh seisiúin speisialta na mban againn ag aithint tábhachta, tallainn agus róil na mban in earnáil an cheoil thraidisiúnta. Buailigí isteach!

To celebrate International Women's Day, we will have a fantastic all female session in recognition of the importance, talent and immeasurable role women have on the traditional music scene. Be sure to call in!

08|03|21

12:00 – 2:00pm



Lá Fhéile Pádraig

le Clann Mhic Corraidh

Beidh Clann Mhic Corraidh, a bhfuil clú orthu mar cheoltóirí den scoth, ag cur fonn ceiliúrtha na Féile Pádraig orainn i mbliana. Is amhránaí clúiteach an t-athair Seán agus tá Seán Óg ina bhall den bhanna ceoil 'The Rising of the Moon'. Beidh meascán d'amhráin, poirt, ríleanna, scéalta agus craic i nGaeilge agus i mBéarla.

The musical Mac Corraidh Clann will ensure a lively St Patrick's Day celebration. Father Seán is a well known folk singer whilst Seán Óg is a member of The Rising of the Moon folk band. They will be doing a special performance with a mixture of songs, jigs, reels, stories and craic both in Irish and in English.

17/03/23

12:30 - 2:30pm



Seachtain

na Gaeilge

le enérġia



Ceiliúradh na Snodach

Bhí Muintir Uí Shnodaigh gnóthach ag scríobh agus ag foilsiú leabhar le linn an dá bhliain den dianghlasáil. D'eisigh Pádraig trí leabhar filíochta agus trí leabhar scéalta, d'eisigh Colm leabhar gearrscéalta, Rónán, albam agus leabhair filíochta agus Rossa trí leabhar leanaí. Agus seans mhaith go mbeidh saothar le Aengus idir altanna agus léachtaí a thug sé réidh don imeacht. Cuirfidh siad iad seo fé bhur mbráid ag ócáid cheiliúrtha Leabhra Feabhra Dé Sathairn an 11ú Feabhra

Pádraig, Colm, Rossa and Rónán of the O'Snodagh family were busy writing and publishing books during the two years of the lockdown. Also there is a good chance that there will be a work by Aengus ready for the event. These will be presented to you at the Leabhra Feabhra celebration events on Saturday 11th February.

11|02|23

1:00pm

culturann.ticketsolve.com/shows





Seoladh Leabhair: Béal na Péiste leis an tOllamh Fionntán de Brún

Bí linn do sheoladh 'Béal na Péiste', úrscéal nua le Fionntán de Brún. Tá an gradam iomráiteach, Gradam Úrscéalaíochta an Oireachtais buaite ag an tOllamh Fionntán de Brún as a úrscéal Béal na Péiste. Tá seo ar an ghradam is airde do shaothar Gaeilge.

Maidir leis an tOllamh Fionntán de Brún

Ceapadh Fionntán de Brún ina Ollamh le Nua-Ghaeilge in Ollscoil Mhá Nuad i Meán Fómhair 2017.

Roimhe sin bhí sé ina Léachtóir Sinsearach in Ollscoil Uladh (2006-17) agus i gColáiste Ollscoile Naomh Muire, Béal Feirste (1998-2006).

Bhain sé céim amach sa Léann Ceilteach agus sa Fhraincis in Ollscoil na Banríona (1992) agus bhronn an ollscoil chéanna PhD air in 2002. D'fhoilsigh an Clóchomhar a thráchtas dochtúireachta sa bhliain chéanna faoin teideal Seosamh Mac Grianna - an Mhéin Rúin. Rugadh agus tógadh i mBéal Feirste é agus is iardhalta de chuid Choláiste Maolmhaodhóg é.



Join us for the launch of *Béal na Péiste* written by Fionntán de Brún. Professor Fionntán de Brún has won the prestigious Gradam Úrscéalaíochta an Oireachtais for his novel *Béal na Péiste*. This is the foremost literary award for Irish-language works.

About Professor Fionntan de Brún

Fionntan de Brún was appointed Professor of Modern Irish in Maynooth University in September 2017. Previous to this he was a Senior Lecturer at Ulster University (2006-17) and St Mary's University College, Belfast (1998-2006). He took his BA in Celtic

Studies and French (1992) at Queen's University Belfast and received his PhD at QUB in 2002. His doctoral thesis was published in the same year by An Clóchomhar as *Seosamh Mac Grianna - an Mhéin Rúin*. He was born and raised in Belfast where he attended St Malachy's College.

04/03/22 - 1:00pm

culturallann.ticketsolve.com/shows



Elizabeth Bleynat

Cabbage Patched

Ón 2 Feabhra go dtí an 16 Márta, 2023, taispeánfar saothar leis an ealaíontóir Elizabeth Bleynat i nDánlann Dillon. Tiomnaithe do chaomhnú agus do mhaoirseacht chósta na hÉireann, bailíonn Bleynat plaistigh ildaite mhara agus í amuigh ar shiúlóidí rialta cois trá i gContae an Chláir. Is iad na plaistigh seo príomhábhair dá cleachtas ealaíne. Trína cuid oibre, déanann Bleynat gach iarracht fiúntas a chur ar ais in ábhar dramhaíola; ag maíomh gur chóir áilleacht agus feidhm a bhaint as nithe atá ann cheana féin le truailiú plaisteach a athrú. Úsáideann sí teicnící ceardaíochta amhail fíodóireacht agus fuáil chun taipéisí balla agus dealbhóireacht a d'fhéadfaí a chaitheamh a chruthú. Ina cuid saothar, déanann sí machnamh ar shaothar daonna agus ar eiticí timpeallachta, agus í ag déanamh comparáide idir indiúscarthacht earraí agus saothar daonna. A saothair mhionsonraithe ealaíne lámhdhéanta, molann siad an deisiú agus an t-athchóiriú, maireachtáil go réidh leis an phláinéad, agus an t-athchóiriú seachas an dúshaothrú. Chríochnaigh Bleynat Máistreacht sna Mínealaíona i gColáiste Ealaíne Bhoirne in Aibreán 2022. Is é seo a céad taispeántas aonair.

From February 2nd to March 16th, 2023 the Dillon Gallery will display work by artist Elizabeth Bleynat. Dedicated to the conservation and stewardship of the Irish coast, Bleynat collects colourful marine plastics on her regular shore walks in County Clare. These plastics are the primary material in her art practice. Through her work, Bleynat strives to imbue value back into waste material; asserting that beauty and function must be drawn from existent material in plastic-pollution reversal. She employs craft techniques such as weaving and sewing to create wall hangings and wearable sculpture. Her work considers human labour and eco-ethics, drawing parallels between a culture of disposability of material goods and of human labour. Her intricately handmade artworks advocate for mending and repurposing, for living harmoniously with the planet, and for restoration before exploitation. Bleynat completed a Master of Fine Arts from the Burren College of Art in April of 2022. This will be her first solo exhibition.

Seoladh | Launch: 02|02|23 - 7:00pm
02|02|23 - 16|03|23
Dánlann Dillon



Tiffani Love

Hushing

Taispeántas de shaothair nua leis an ealaíontóir Tiffani Love is ea ‘Hushing’. Spreagtha ag a siúlóidí, leagann pictiúir ola agus saothar liosna-bhunaithe Love béim shéimh in ‘Hushing’ ar na spásanna tairseachúla taobh istigh de tírdhreach na hÉireann. Agus í ag siúl a cósta áitiúil féin feadh chladaí mealltacha an Atlantaigh i gContae an Chláir agus i gContae na Gaillimhe, agus feadh na tailte atá le fáil isteach ón chósta taobh le haibhneacha, sruthanna, turlaigh agus lochanna, cíorann a cuid saothair na spásanna sin ina meascann an t-uisce, an talamh agus an t-atmaisféar le chéile. Scrúdaíonn an taispeántas an dóigh a dtéann na háiteanna seo i bhfeidhm ar chéadfai an duine agus é ag dul tríothú. Is é croílár ‘Hushing’ ná sraith de phictiúir bheaga ola dar teideal ‘Field Notes’ a shoiléiríonn tionscadal leanúnach Love; is staidéir bheo, ach pearsanta ar áiteanna agus ar bhomaití ar leith iad. Coinníonn sé ar an scrúdú a dhéanann sí ar an dóigh ar féidir le péinteáil tírdhreacha feidhmiú mar bhealach le háit a chaomhnú, agus ar an dóigh a n-airíonn muid ár dtimpeallachtaí agus mar a théann siad i gcion orainn.

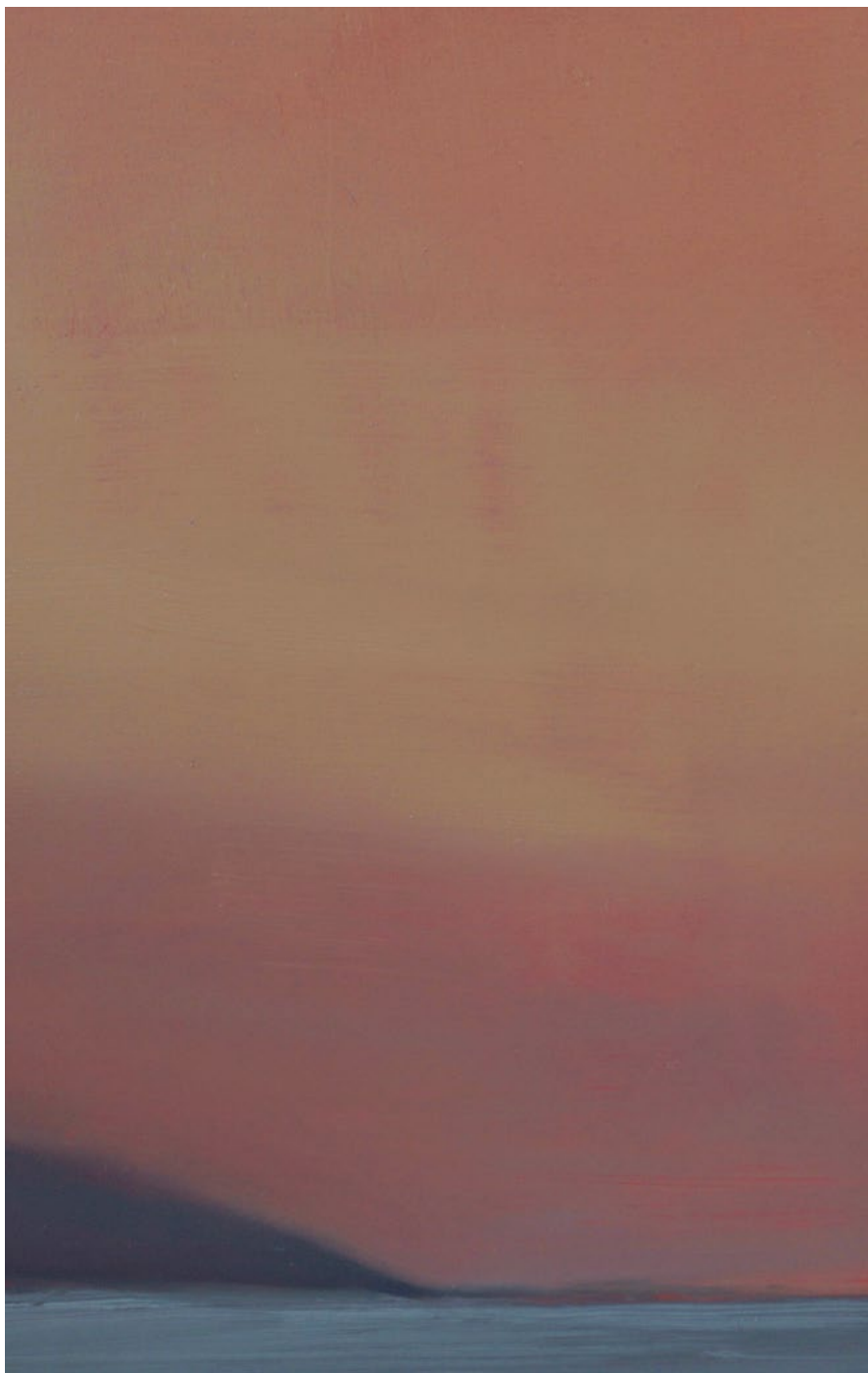
Hushing is an exhibition of new works by the artist Tiffani Love.

Informed by her walks through the landscape, Love’s oil paintings and lens-based work in Hushing gently highlight the liminal spaces existing within the Irish landscape. Traversing her local coastline along the illusive shores of the Atlantic in Clare and Galway, and the terrains found inland along rivers, streams, turloughs and lakes, her work navigates the spaces where water, earth and atmosphere meld. The exhibition explores how the body responds to these places while moving through them.

The focal point of Hushing is a series of small oil paintings which expand Love’s ongoing project entitled Field Notes; these are quick, yet intimate, studies of places and moments in time. It continues her examination of how the act of painting a landscape can function as a way to preserve a place, and explore how we experience and connect with our environments.

Seoladh | Launch: 02|02|23 - 7:00pm
23|02|23 - 16|03|23

Na Ballaí Bána



Susan Hughes

Léaspáin

Is cuid de shaothar ealaíne leanúnach é ‘Léaspáin’ a scrúdaíonn an méid a bhíonn i bpáirt ag eispéiris chéadfacha shíciideileacha sa dúlra agus ag béaloideas traidisiúnta na hÉireann. Chuaigh an mhéarnáil bhithlonrach i bhfeidhm chomh mór sin ar an ealaíontóir gur thosaigh sí a fhiosrú an dóigh ar bhain daoine i rith na staire ciall as tarluithe nádúrtha mistéireacha, na scéalta a bhaineann leo agus na n-éifeachtaí fisiciúla agus cognaíocha ar an chorp. Úsáideann Hughes ábhair shintéiseacha shaorga a bhaineann go minic le nithe ‘uirbeacha’ chun íomhánna tumthacha féachana a chruthú. Sa taispeántas seo cuireann sí fíis dhigiteach agus boscaí solais peirspéacs i láthair mar léirithe dealbhóireachta ar a cuid saothair.

Bhain Susan Hughes, as Béal Feirste, Máistreacht san Ealaín amach in 2021 ó Ollscoil Uladh. Tá go leor tréimhsí cónaitheachta mar ealaíontóir curtha i gcrích aici in Éirinn agus i gCríoch Lochlann áit ar bhain sí úsáid as an bhua atá aici mar fhidléir traidisiúnta mar uirlis bhabhtála chun scéalta áitiúla a aimsiú.

‘Léaspáin’ is part of an ongoing body of artwork exploring the intersection of psychedelic sensual experiences in nature with traditional Irish folklore.

The intensity of the artists’ own experience of bioluminescent phosphorescence started an inquiry into how humans throughout history have made sense of mysterious natural occurrences, the stories that are associated with them and the physical and cognitive effects on the body.

Hughes uses synthetic and artificial materials often associated with the ‘urban’ to create immersive viewing environments. In this exhibition she presents digital video and perspex light boxes as sculptural manifestations of her subject matter.

Susan Hughes, from Belfast, graduated with a Masters Degree in Art in 2021 from the University of Ulster. She has completed many artist residencies in Ireland and Scandinavia where she has used her traditional fiddle playing as a bartering tool to gain access to local stories.

Seoladh | Launch: 23/03/23 - 7:00pm
23/03/23 - 27/04/23

Dánlann Dillon



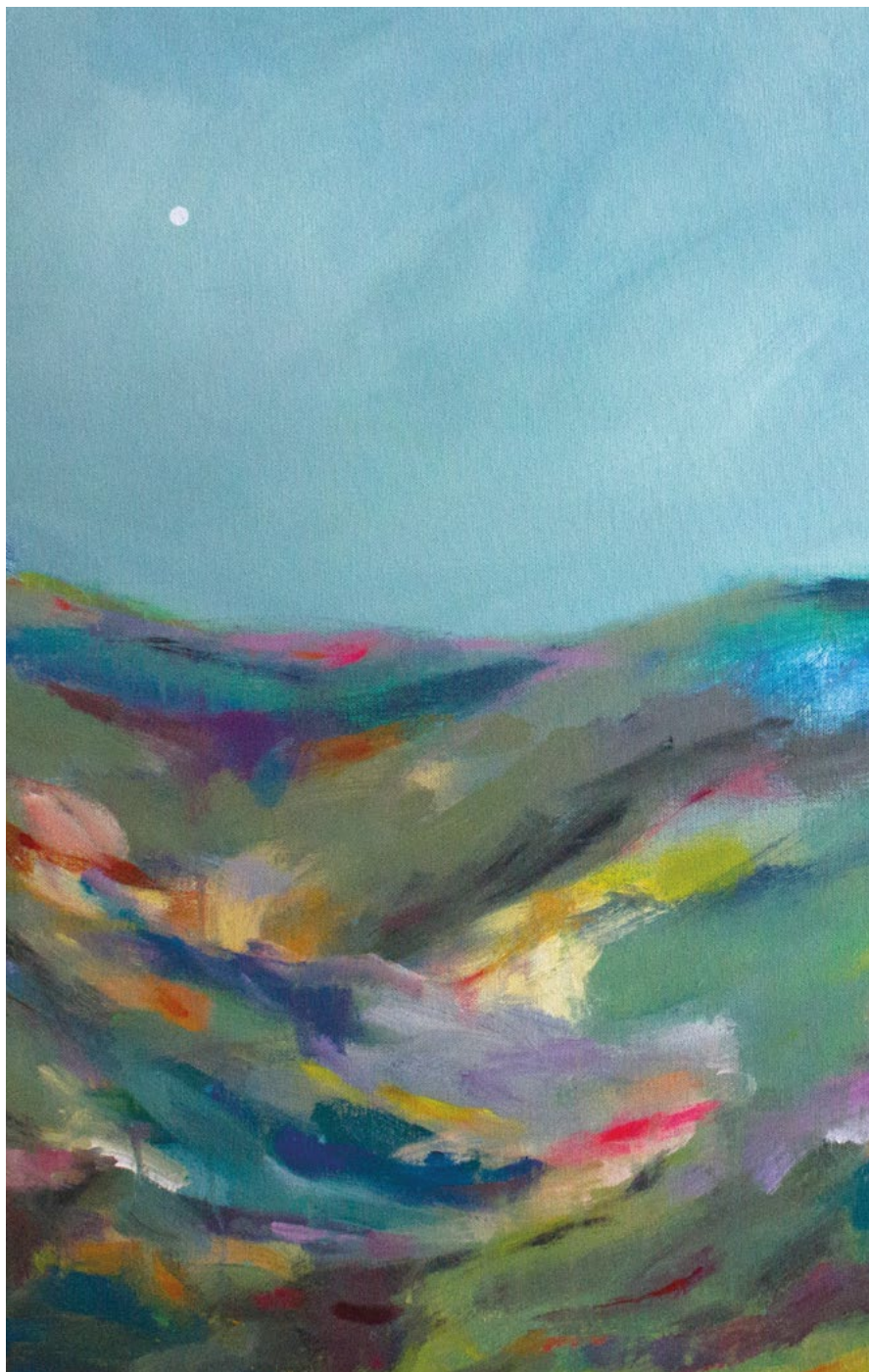
Michelle Harton

The Land Of Gemini

In “The Land of Gemini” is mian leis an ealaíontóir Michelle Harton a thaispeáint cé chomh hálainn is atá an domhan trí shamhlaíocht s’aici féin agus í ag brionglóideach ar shaol a ainmníodh as a réaltchomhartha féin. Spreagann an corrspléachadh draíochta a nochtar dúinn ar bhonn laethúil í: luí na gréine, lochán carraige, frithchaitheamh solais as limistéar uisce agus an fuinneamh a fheictear agus nach bhfeictear a thagann as gach ní beo. Tugann Michelle cuireadh don lucht féachana a gcuid cúraimí a fhágáil taobh istigh de na pictiúir agus faoiseamh a tharraingt ón ghluaiseacht, ó na dathanna agus ón mhéid ama a chaitear ag féachaint ar an saothar. Tá sé mar aidhm aici go n-éireoidh an lucht féachana sáite sna tírdhreacha péinteáilte a chruthaíonn sí agus go bhfágfaidh siad an taispeántas agus spionn níos éadroime orthu ná a bhí nuair a tháinig siad isteach. Tá súil aici go spreagfaidh nádúr mistiúil an tsaothair an lucht féachana chun smaoineamh ar a dtimpeallacht nádúrtha féin agus an dóigh a mbraitheann siad an-tógtha agus tuiscint againn gur feighlithe na hóilleachta seo muid.

In “The Land Of Gemini” artist Michelle Harton desires to show how beautiful the earth is through the lens of an imagined dream world named after her star sign. She is inspired by the magical glimpses we get daily, be it a sunset, a rock pool, light reflecting off a body of water and the energy seen and unseen that emanates from each living thing. Michelle invites the viewer to leave their burdens within the paintings and take relief from the movement and colours and time spent with a piece. Her aim is for the viewer to get lost in the painted landscapes she creates and leave the exhibition a little lighter than they came in. She hopes the mystical nature of the work encourages viewers to think about their own natural surroundings and how they can also feel magical while understanding that we are the caretakers of this beauty.

Seoladh | Launch: 23|03|23 - 7:00pm
23|03|23 - 27|04|23
Balláí Bána





Ranganna Gaeilge

Leanann ranganna Gaeilge na Cultúrlainne ar aghaidh go dtí an dara téarma den bhliain acadúil seo. Tá cúrsa 10 seachtaine ar fáil ina gcuimsítear Bunrang, Meánrang agus Rang Comhrá atá dírithe ar leibhéal Ardranga.

Is féidir clárú nó tuilleadh eolais a lorg trí theagmháil a dhéanamh le sinead@culturlann.ie

Cultúrlann's Irish classes continue on to the second term of this academic year. We offer a 10 week course which covers Beginner, Intermediate and a conversation class aimed at Advanced level.

You can register or get additional information by contacting sinead@culturlann.ie

18/01/23 - 29/03/23

7.00 - 9:00pm

Costas: £30

Cláraigh | Register:

<https://culturlann.ticketsolve.com>





Na Saoithe gan Loch

Pensioner's Class

Buail isteach chuig Rang na bPinsinéirí a bhíonn ar siúl gach Céadaoin sa Chultúrlann. Rang neamhfhoirmeálta atá ann le go leor béime ar chora cainte agus ar fhrásaí úsáideacha.

Call in to the Pensioners' Irish Language class which is on every Wednesday here in the Cultúrlann. It's an informal class with plenty of emphasis on turns of phrases and conversation tips.

18/01/23 – 29/03/23

10:00am – 12:00am

Saorchead | Free



Ióga le Dunla

Yoga with Dunla

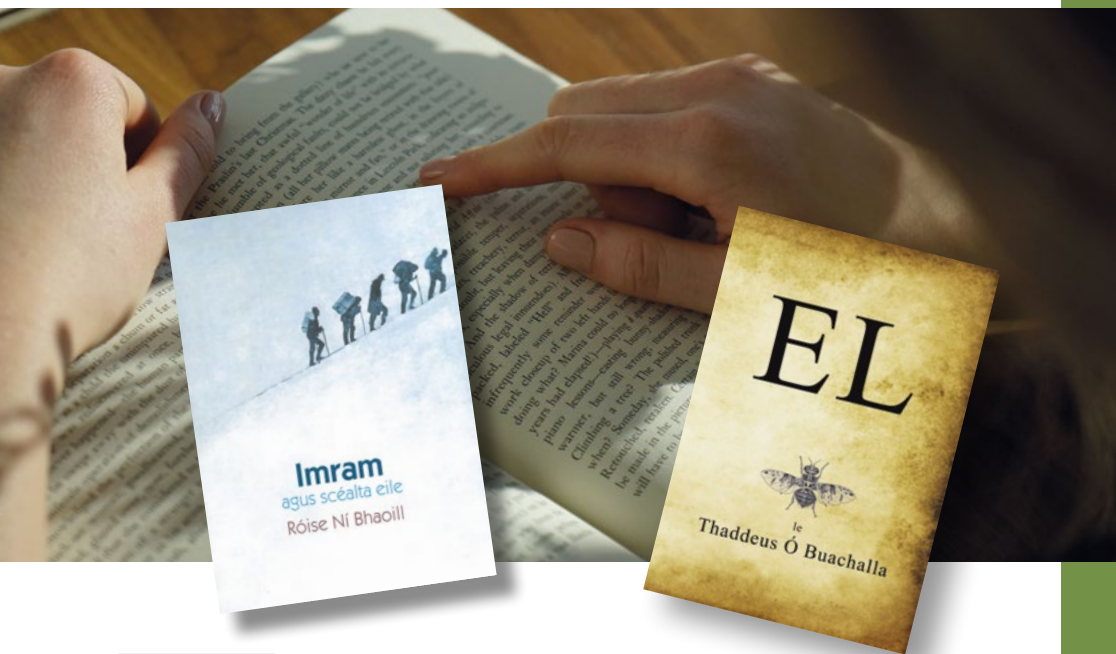
Breathnaítear sa rang seo ar réimsí éagsúla de struchtúr,feasacht, análú agus gluaiseacht. Tá an rang dátheangach seo ag fóirstean go maith do lucht bunleibhéil agus meánleibhéil araon.

This bilingual class explores different variations of structure, awareness, breathing and movement. Perfect for beginners and intermediate level.

17|01|23 – 28|03|23

6.30 - 7:30pm

£5



Ciorcal Léitheoireachta Reading Circle

An maith leat a bheith ag léamh?
Ar mhaith leat bualadh le daoine
agus dreas comhrá a dhéanamh ar
leabhair? Más é sin an cás, tar chuig
céad teacht le chéile na bliana den
Chiorcal Léitheoireachta. Tagann an
Ciorcal Léitheoireachta le chéile uair
sa mhí. Fáilte roimh achan duine.

Do you like to read? Would you like
to meet other people and chat about
books? If so, come to the first get-
together of the year. The reading circle
come together once a month. Fáilte
roimh achan duine. All welcome.

Dé Luain 30 Eanáir:
Imram agus Scéalta Eile
le Róise Ní Bhaoill

Dé Luain 27 Feabhra:
EL le Thaddeus Ó Buachalla

Dé Luain 27 Márta:
Le socrú go fóill
6:30pm
Eolas | Info: Sinead@culturlann.ie





Dianchúrsa Imbolc

Tá Cultúrlann McAdam Ó Fiaich ag réachtáil Dianchúrsa Gaeilge. Is bealach iontach é dianchúrsa le cur go mór le do chuid scileanna teanga taobh istigh d'achar ama gairid. Cúrsa spreagúil eolach a bheidh ann agus bíodh geall go gcothóidh an cúrsa seo muinín ionat as do chumas Gaeilge.

Is iad na leibhéil atá againn ná:
Tosaitheoirí – Meánleibhéal –
Ardleibhéal

Cultúrlann McAdam Ó Fiaich is running an Irish Language Intensive Course. Intensive courses are a great way to boost your language skills in a short space of time. The course will be both motivating and informative and will take your confidence in the Irish language to another level.

The levels we offer are:

Beginner – Intermediate – Advanced

04/02/23

10:00am - 1:00pm

Costas: £15

Cláraigh | Register:

<https://culturlann.ticketsolve.com>



Na Meáin Shóisialta

Social Media

Tá neart ábhar speisialta ar fáil ar na meáin shóisialta atá againn faoi láthair. Tabhair 'like' dúinn agus lean muid ar na hardáin éagsúla le go bhfeicfidh sibh an réimse siamsaíochta a chuireann muid ar fáil.

We are producing plenty of interesting material on our social media platforms at the minute. Please like and follow our pages to see the variety of material being produced.



CULTÚRLANN

M^hADAM Ó FIAICH



Arts Council of Northern Ireland
Comhairle Ealaíon Thuaisceart Éireann
Airts Council o'Norlin Airlann



CISTE
OIDHREACHTA
HERITAGE
FUND



Foras na Gaeilge



Comhairle Chathair
Bhéal Feirste



An Roinn
Pobal